



BORD OIDEACHAIS AGUS OILIÚNA
CHILL DARÁ AGUS CHILL MHANTÁIN
KILDARE AND WICKLOW
EDUCATION AND TRAINING BOARD

Culinary Skills Traineeship



- www.kwetbmarinehouse.ie
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- Tel: 087 096 7146



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Culinary Skills Traineeship

Location: Wicklow and Kildare

Duration: 24 weeks

Aim: The aim of this programme is to provide the learner with basic culinary skills and related knowledge to work in the catering sector including restaurants, hotels, bars and café bistros.

Modules Include

- Prepare and cook fruit and vegetables
- Prepare and cook meat and offal
- Prepare and cook poultry
- Prepare and cook fish and shellfish
- Prepare and cook rice, pasta, grains and egg dishes
- Health and safety in catering and hospitality
- Produce hot and cold desserts and puddings
- Produce paste products
- Produce biscuit, cake and sponge products
- Healthier food and special diets
- Manual Handling & First Aid
- Food Safety & Hygiene



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